Royal Enfield Astral Ride Ladakh 2022

**MEDICAL CERTIFICATE**

(To be completed by the doctor in CAPITAL letters)

| Participant’s Name | |  | | | |
| --- | --- | --- | --- | --- | --- |
| Blood  Group |  | Height |  | Weight |  |
|  | | **Normal** | **Abnormal** | **Details** | |
| Cardio-vascular  system | |  |  |  | |
| Blood Pressure  (mention reading) | |  |  |  | |
| Pulse | |  |  |  | |
| Respiratory system | |  |  |  | |
| **Nervous system** | | | | | |
| Central | |  |  |  | |
| Peripheral | |  |  |  | |
| **Ear, nose & throat, in particular vestibulocochlear apparatus** | | | | | |
| Right | |  |  |  | |
| Left | |  |  |  | |
| **Locomotor System** | | | | | |
| Arm – Right | |  |  |  | |
| Arm – Left | |  |  |  | |
| Leg – Right | |  |  |  | |
| Leg – Left | |  |  |  | |
| Spine | |  |  |  | |
| Abdomen (Hernia) | |  |  |  | |
| **Urine** | | | | | |
| Albumen | |  |  |  | |
| Glucose | |  |  |  | |

| **IS THE PARTICIPANT DIABETIC ?** | |  |  |
| --- | --- | --- | --- |
| **THYROID OK ?** | |  |  |
| **IS THE PARTICIPANT ASTHMATIC ?** | |  |  |
| **Eyes – Distant Vision** | | **Without correction** | **With correction** |
| Right |  |  |  |
| Left |  |  |  |

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I, the undersigned certify that in respect of the Royal Enfield Astral Ride Spiti 2022, this person

• Is fit to take part

• Is not fit to take part

Doctor’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signature & Seal

**Participant Declaration**

I declare to bear the risk of my participation in Royal Enfield Astral Ride Spiti 2022 on the basis of the recommendation above as well as in my own cognizance and that I attest that everything in the medical certificate is true to the doctors and my knowledge.

Participant Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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